

**At NAAFA we fight for fat rights, oppose discrimination in all forms, invest in intersectional fat community, and brazenly celebrate fat joy!**

# November 2023 NAAFA Newsletter



### From All-In to AdColor - Meet our Google Ally Melú Lopéz

Last year, NAAFA and Google partnered to create All-In Plus Size Guidelines, a first-of-its kind project to help authentically represent plus-size people in marketing. This year, Google executive Melina “Melú” Lopez was nominated for AdColor’s Innovator Award. [Read more](#) about how Melú continues to work with NAAFA and fat activists to support fat rights and fat liberation.

[Sign the Campaign for Size Freedom Petition!](#)



### Video of the Month

Our [video of the month](#) features Tigress Osborn’s acceptance speech at The Full Figured Industry Awards where she was honored with the 2023 People’s Choice Community Service Award.



### Anti-Racism Resources

Each month, we feature educational resources on the NAAFA Community Voices Blog to combat racism. Some are historic information about systemic racism. Others are on doing the internal work of understanding ourselves and how we play a part in that system.

This month we're talking about [anti-Semitism and Islamophobia](#).



### As we wrap up a banner year, it's time to Fund Fat!

As we come to the end of year, it's a



good moment to take stock of what we have achieved. The movement for fat liberation is growing and gaining momentum. [Read more](#) on what NAAFA and our allies have accomplished in 2023.



### NAAFA Recognizes Indigenous Heritage Month

Indigenous Heritage Month provides the opportunity to recognize, reflect, and amplify Indigenous people, cultures, and the historic and current impact of Native American activists and actions in the United States. [In this article](#), two NAAFA board members share their thoughts and resources.

## Upcoming NAAFA Events



### Fat Fridays Virtual Social Club

This monthly social event is held via Zoom and is an affinity space only for folx who identify as fat. The next gathering is on 11/24 from 5:30-7:30pm PT. Register [here](#)!



### NAAFA's Winter Virtual Brunch

On Sunday, December 17th, join NAAFA for an interactive Winter brunch-themed event filled with music, food, and fun! You bring your favorite brunch snacks and drinks. We'll bring good times with a joyful hour of activities and performances. Register [here](#)!

## Reminders/Announcements



### Stay Up to Date on the Campaign #SizeFreedom

Watch your inbox for big news this week about the New York City law protecting anyone who lives in, works in, or visits NYC from discrimination based on their height or weight.

Want to make sure you always know the latest going on with our efforts to end size discrimination and enact protective laws? Make sure you [sign the petition](#). You'll add your voice to the thousands already supporting Size Freedom, and get all campaign updates! Share the petition with your friends and family and ask them to sign as well!!



### Our 2024 Board Search is Underway!

Throughout November our Board of Directors, Executive Director, and a few key volunteers are interviewing over 20 highly qualified candidates

coming from a wide array of industries. We are thrilled to have so many interesting and talented prospective board members and are excited to add even more diverse voices and experiences to our Board of Directors. Many thanks to our community members who shared this opportunity, nominated folks to apply, or even applied themselves. We look forward to announcing the names of our new board members in December and can't wait to kick off 2024 with an even stronger NAAFA team!

## Monthly Features



### Media & Research Roundup

The [Media & Research Roundup](#) is a series of the latest in news and research effecting fat folk compiled by Bill & Terri Weitze.

**CONTENT WARNING:** Some articles featured in the Media & Research Roundup may refer to stigmatizing events or use stigmatizing language.



### NAAFA Chronicles

The [NAAFA Chronicles](#) are electronic versions of the NAAFA Newsletter from our earlier days and reflect a piece of fat acceptance/fat activist history.

**CONTENT WARNING:** Some articles featured in the NAAFA Chronicles may refer to stigmatizing events or use stigmatizing language.

[Click here to read the Newsletter Articles](#)

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*Founded in 1969, NAAFA, the National Association to Advance Fat Acceptance, is a non-profit human rights organization dedicated to improving the quality of life for fat people. NAAFA works to eliminate discrimination based on body size and provide fat people with the tools for self-empowerment through public education, advocacy, and member support.*

On the web: <https://naafa.org>  
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