

national association to advance fat acceptance

At NAAFA we fight for fat rights, oppose discrimination in all forms, invest in intersectional fat community, and brazenly celebrate fat joy!

## April 2024 NAAFA Newsletter



### Why Monthly Matters

NAAFA Board member, Kat Redniss, shares why being a NAAFA monthly donor is important to her. Plus <u>get a sneak peek</u> of an upcoming special NAAFA donor challenge that will launch on May 1st!

Sign the Campaign for Size Freedom Petition!



### Video of the Month

April is National Poetry Month. Our Video of the Month features an excerpt from the NAAFA Webinar Series. Enjoy these powerful poetic performances from activist and writer Yesika Salgado! <u>Check out the video</u> <u>here</u> and subscribe on YouTube @naafaofficial for more!



#### **Anti-Racism Resources**

Each month, we feature educational resources to support dismantling racism. These may include historical information, tools for personal reflection, or information about how to get involved. Many are introductory and are never intended to be full coverage on the complex and nuanced topics that are chosen each month. This month, join us in exploring resources about Arab American Heritage Month.



### Legislative Victory in Colorado

NAAFA and The Campaign for Size Freedom are proud, co-founding members of Colorado Alliance for Size



Equity and recently supported testimonies in favor of HB24-1285. <u>Read more</u> about this recent legislation and how it will protect students from weight-based bullying.



### Meet NAAFA's New Volunteer Coordinator

For over 50 years, volunteers have made the work NAAFA does possible. We are thrilled to announce our new Volunteer Coordinator, Kristen Foos (she/her). <u>Read more</u> about Kristen and learn how you can volunteer, too!

### **Upcoming NAAFA Events**



### Fat Fridays Virtual Social Club

This monthly social event is held via Zoom and is an affinity space only for folx who identify as fat. The next gathering is on 4/26 from 5:30-7:30pm PT. Register <u>here</u>!



### NAAFA Webinar Series: Fat Friends Forever with Aubrey Gordon

On Tuesday 4/30 at 3:00pm PT, join us for another edition of the NAAFA Webinar Series! Host Tigress Osborn will be joined by author Aubrey Gordon. Register <u>here</u>!



### Special NAAFA Fundraising Performance - May 9th in NYC

Geraldine Realigned, created by Cam Cronin & Billy McEnteen, will be playing at The Brick this May. A portion of proceeds from tickets sold for the Thursday 5/9 performance will be donated to NAAFA! Read more here.



### NAAFA Webinar Series: Food Justice and Fat Liberation with Patrilie Hernandez

This is sure to be a conversion you don't want to miss! More information coming soon... stay tuned!

### **Reminders/Announcements**



### Stay Up to Date on the Campaign for #SizeFreedom

Want to make sure you always know the latest going on with our efforts to end size discrimination and enact protective laws? Make sure you sign

# needom

the petition. You'll add your voice to the thousands already supporting Size Freedom, and get all campaign updates! Share the petition with your friends and family and ask them to sign as well!



### Now Accepting Scholarship Applications!

Dr. Paul Ernsberger Research Scholarships are available for research graduate students within specified areas of concentration in scientific research. Applications are now being accepted for the 2024/25 academic year. Deadline is 6/1/24. <u>Click here for more info</u>.

### **Monthly Features**



### Media & Research Roundup

The <u>Media & Research Roundup</u> is a series of the latest in news and research affecting fat folx compiled by Bill & Terri Weitze.

CONTENT WARNING: Some articles featured in the Media & Research Roundup may refer to stigmatizing events or use stigmatizing language.



#### A chievement Awards in Review NAAFA bestowed Achi Awards on those who helpe more the message of fat right

acceptance during 1988. Distinguished Achievement Awan were presented to actress Susan Pere who appeared on the L.A. Law episoc about an attorney who was fired b

	Does Obesity Cause Diabetes? New Evidence Suggests Not
pro-	A newly isolated hormone has been discovered in high levels in the pancreases of Type II diabetics. The hormone, named amylin by researchers, may play a kerole in causing the most common form of diabetes.
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### **NAAFA** Chronicles

The <u>NAAFA Chronicles</u> are electronic versions of the NAAFA Newsletter from our earlier days and reflect a piece of fat acceptance/fat activist history.

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#### Click here to read the Newsletter Articles

### Give to NAAFA

Click here to receive the Newsletter and special notices in your email!

Founded in 1969, NAAFA, the National Association to Advance Fat Acceptance, is a non-profit human rights organization dedicated to improving the quality of life for fat people. NAAFA works to eliminate discrimination based on body size and provide fat people with the tools for self-empowerment through public education, advocacy, and member support.

On the web: <u>https://naafa.org</u> Comments or questions? Email us at <u>assistant@naafa.org</u>

Newsletter Content Editors: NAAFA's Communications Committee Email Layout Editor: Bill Weitze

Any products or services mentioned in articles in this newsletter are for information only and should not be considered endorsements by NAAFA.

